

I believe in the Holy Spirit ...

The Holy Spirit is God, the Third Person of the Holy Trinity.

Before Jesus returned to his Father in Heaven, he made a promise to his friends. He promised that the Holy Spirit would come to stay with them.

Think about it. Your team is playing in a soccer tournament. You scored a goal in the first game. Now your family is going to visit your grandparents. You will need a sub for rest of the tournament. You want the coach to put in the best player he has, right? You want someone who will help the team win. The team will be just fine while you're gone.

The Holy Spirit is more than a good sub. The Spirit is a divine helper and guide. The Holy Spirit teaches the truth. The Spirit gave the Apostles the strength and courage to follow Jesus' example. The Holy Spirit continues to guide the Church in its mission.



Photo credit: Corinne Simon/CIRIC

... the holy catholic Church ...

The Church is holy. Jesus died for the Church, and the Holy Spirit gives the Church life.

The Church is all of the people who belong to the Catholic community. We are gathered together to form the People of God. When we share the Eucharist, we become the Body of Christ. We are united by one faith and one Baptism.

The Church is the Body of Christ in the world. Christ is the Head and we are the members. The Church does the work of Jesus on earth. The Church shows the love and grace of the Holy Spirit

working through us. We are united in one Body, but there are many different ways to love and serve God.

The Church exists all over the world, and it is open to all people. God's plan is for all people to be saved by Christ through the Church.