

That very day, two of them were going to a village named Emmaus, about seven miles from Jerusalem, and talking with each other about all these things that had happened.

While they were talking and discussing together, Jesus Himself drew near and went with them.

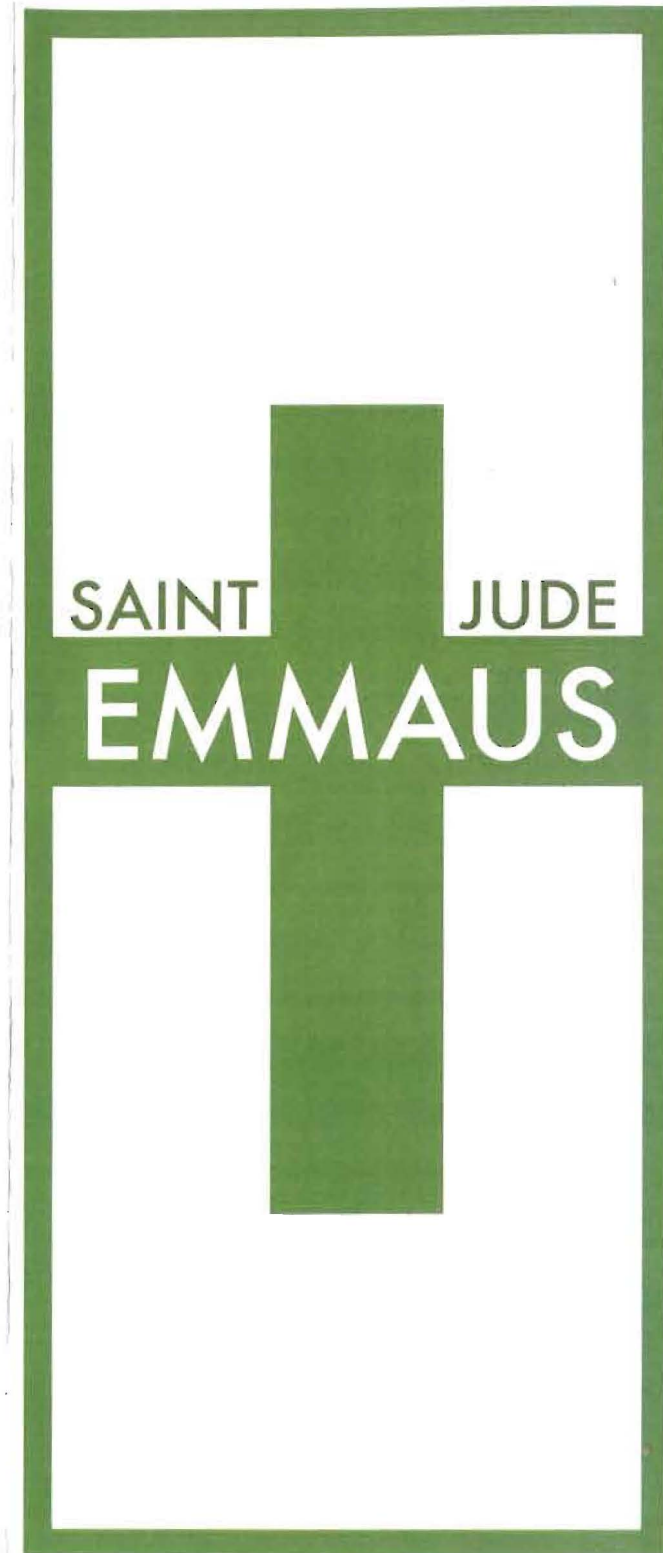
ST. JUDE CHURCH



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design by M. Lenard '10



What is Emmaus?

Emmaus is a weekend retreat program for young people who are seeking to grow in their relationship with Christ, regardless of their current level of faith or practice. The purpose of the weekend is to give young Catholics an opportunity to reflect on themselves, their relationship with God, and their community.

What happens on Emmaus?

The weekend begins on Friday evening and concludes with the Closing on Sunday afternoon. A team of adults from all walks of life and young Emmaus alumni hosts the **10-12** candidates who participate in the Emmaus experience. The various activities include team members sharing personal faith experiences, a chance for some personal reflection, group activities, and meals. (Candidates are not required to do any public speaking or personal sharing.)



How did Emmaus begin?

In the early 1970s, a group of lay people organized a program to focus on the spiritual needs of young adults—by reaching out and sharing the importance of Christ in their lives. Inspired by the account of Jesus walking on the Road to Emmaus (Luke 24: 13-35), they used the Cursillo movement as a template.



What is my commitment after Emmaus?

There are no requirements or commitments following the Emmaus experience, except to live the Gospel message of Jesus.

Questions?
Call the Parish office:
203-261-6404